



Erasmus+



Youth  
in Action



**UPeCe**

University pastoral centre  
of St. Jozef Freinademetz

## EVS PROJECT: UPeCe EXPERIENCE in BRATISLAVA

### About UPeCe

University Pastoral Center of St. Joseph Freinademetz (abbreviated UPeCe since 1997) is a university center that helps university students to fully utilize their talents, develop the skills and personality. The target group is therefore college students.

The aim of the center is to help university students to live their student life fully. The centre activities are contributing to this goal.

One of the objectives of the UPeCe center is to help students to fully utilize their talents, develop their skills and personality and therefore all activities are driven by fulfilling this objective.

**Name of the Project:** UPeCe Life 2

**Deadline:** 1<sup>st</sup> October 2016

**Activity start:** 1<sup>st</sup>-7<sup>th</sup> February 2017

**Activity finish:** 1<sup>st</sup>-7<sup>th</sup> February 2018

**Number of volunteers:** 1

**Contact:** Mgr. Tomas Vransky

**Mail:** [upece.eds@gmail.com](mailto:upece.eds@gmail.com)

### Activities of the UPeCe:

**Activities aimed on the spiritual development:** Mass, catechesis, spiritual themed lectures, adoration, prayer worship, pilgrimages to places where spiritual leaders act.

**Activities focused on the development of motion:** sports tournaments in table tennis, table football, indoor floorball, physical teambuilding meetings of the members of teams, hiking expeditions, outdoor and indoor games aimed at developing physical skills.

**Activities focused on intellectual development:** discussions on various topics with celebrities of social life, professional lectures, sightseeing tours, activities aimed at technical computing, sound and lighting equipment, theatre performances, concerts, competitions in table games.

**Activities focused on social development:** organization of balls, social events with traditional Slovak folk themes, parties, discos, entertainment organized by students on important days of the center, ballroom dancing courses.

### Location of UPeCe

UPeCe is located in Bratislava (The capital city of Slovakia) at the largest university campuses name Mlynská Dolina. Mlynská Dolina is also synonymous with the largest complex of student dorms and homes in Central Europe, because the number of accommodated persons in this complex holds an annual around 10000 to 15000 students from all over Slovakia and abroad, thereby alluding small town. UPeCe daily visits around 500 students. Some activities may be attended by 800 young people.

## INFOPACK HOSTING ORGANIZATION

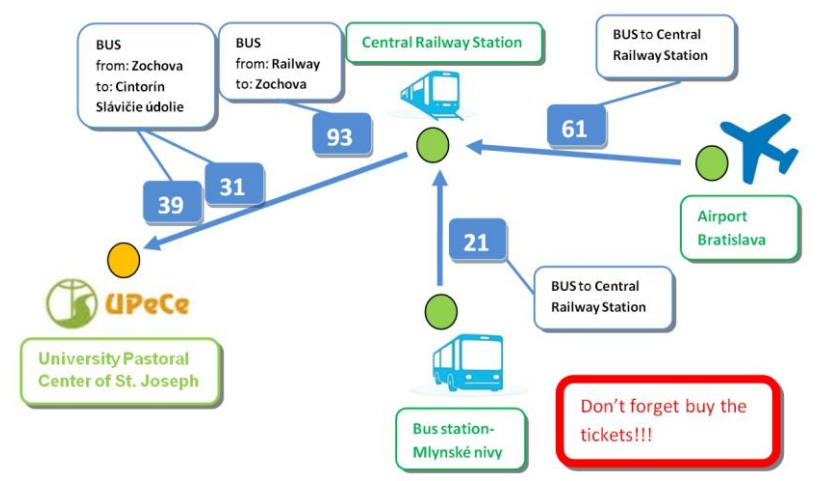
HO Name and  
Country (city)

**University Pastoral Center of St. Joseph Freinademetz –  
Slovakia (Bratislava)**

Organization topic

Youth leisure, sport and youth activities, inter-religious dialogue

Airport, train and  
bus station to  
UPeCe



Accommodation

Volunteers will live together in an apartment with three rooms, kitchen and bathroom. Two rooms are bedrooms and one is a living room. Accommodation will be distant of UPeCe 20 minutes by bus. The first month of the project will volunteer to live in Slovak family and then moved to an apartment with other volunteers. It is because of the fact that the volunteer will know the culture and life of a typical Slovak family.

Food

Volunteers will buy food and cook themselves in the apartment. Weekly there will be collective buying of groceries. Volunteers will rotate when cooking. Volunteers will use one bank card, where are money to shop for food.

Working hour and  
holidays

30 hours a week and two days off during the week. And next: two days of vacation during the month. Vacation days can transmit to other months.

Pocket money

€ 95 per month.

Important numbers

Police	158	Project coordinator-	+421949636859
Firemen	150	<b>Tomas</b>	
Ambulance (Life emergency)	155	Team Leader-	+421908074879
SOS, emergency call	112	<b>Marianna</b>	

## EVS Time table

Opening hours of UPeCe

UPeCe center is open 7 days a week, 10 months a year. From Monday to Saturday: from 13:00 to 24:00 and Sunday from 11:00 to 24:00. During the summer holidays (July and August), the center is closed and during this time our volunteers help in the reconstruction, repairs and upgrading of the center.

UPeCe teams where volunteers can work.

**Motion:**

- 1.Sport team,
- 2.Hiking team (Tupci),
- 3.Scout team,

**Skills:**

- 4.Gastronomic team,
- 5.Decoration team,
- 6.Technician team, 7.Computer team,
- 8.Web team,

**Culture:**

- 9.Theatrical team (Theatre Christoffer),
- 10.Music and singer team,

**Intellect:**

- 11.Marketing team (Promo),

- 12.EVS team (volunteering),
- 13.Grant team (Granko),
- 14.Library team,

**Community :**

- 15.Animation Team,
- 16.The children's catechesis Team (DeKa),
- 17.Missionary Team,
- 18.Tutors Team,
- 19.Adoration team,
- 20.Prayer team,
- 21.Praise team,
- 22.Liturgical team (Acolytes and Sacristans)

### Example of the working week in the center:

**Monday to Saturday**

10:00 to 11:30 – Slovak lesson (Monday and Wednesday)

12:00 to 13:00 - cleaning cafes and meeting area and its surroundings (“Libresso”), cleanness control in UPeCe areas.

13:00 - opens UPeCe on Sunday it opens from 8:00.

14:00 to 15:00 - preparing a large hall for activities.

15:00 to 17:00 - assistance to students at the reception center (reception is a center place where the student gets to date information and aids necessary for the implementation of activities in the center).

17:00 to 18:30 - preparing large halls to Mass with a lecture - Monday.

19:00 to 22:00 - meetings of the teams to prepare their activities (Monday-Friday).

22:00 to 23:00 - assistance to students at the reception (Monday - Sunday).

23:00 - 24:00 - cleaning space center, completion of activities in the center, closing the center.

### Example of the working week in the center:

#### Sunday

7:30 to 8:00 – preparation of the chapel for the Holly Mass.

9:00 to 9:30 –chapel's cleaning and preparing large halls for the Holly Mass.

11:00 to 12:30 - staff visitor center café ( Libresso ) after Holly Masses and assisting them.

13:30 to 14:30 - preparing a large hall for sports and social activities.

14:30 to 23:00 - assistance for incoming students at the reception.

23:00 - 24:00 - cleaning space center, completion of activities in the center, closing the center.



Come to UPeCe and enjoy life with us 😊